

Hockey Newfoundland & Labrador

Major Midget Hockey League



CONSTITUTION

Revision 4.0

Caution

Maintaining revision control of this document can be difficult as there may be numerous copies of this version and older versions in circulation. As a result, the Branch office will maintain the official (most recent) version of the document on file at all times. Also the official (most recent) version of the document will be posted on the NLMMHL website. The table below will track the various revisions.

Rev. No.	Date	Description	Approved by:
1.0	August 31, 2009	Original revision	
1.1	September 6, 2009	Included Host Association definition	
1.2	September 14, 2009	Edits by Jack Lee	
2.0	August 6, 2010	NLMMHL Meeting	NLMMHL Committee
3.0	June 9, 2011	NLMMHL Annual General Meeting	Board of Directors
4.0	June 22, 2014	NLMMHL AGM	BOD



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FORWARD

This Constitution has been developed to provide guidance and assistance to League Executive, Team Management and Hockey Newfoundland and Labrador for the successful operation of the Newfoundland and Labrador Major Midget Hockey League (NLMMHL). Interested parties must understand that it is impossible to cover every aspect of major midget hockey within this document. Therefore, readers should be aware that the League Executive will be responsible for dealing with unusual occurrences that are not covered in this manual in a fair and dutiful manner that upholds the principles and objectives of the NLMMHL. This will be done in consultation with Hockey Newfoundland and Labrador and/or Hockey Canada and the decision of the League will be final.



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ARTICLES

Article 1: NAME

This League shall be known as the Newfoundland & Labrador Major Midget Hockey League (the “NLMMHL” or the “League”), operating as a Minor Hockey League, provincial in scope and deriving its authority from Hockey Newfoundland & Labrador (“HNL”).

Article 2: OBJECTIVES

The objectives of the League will be:

To provide elite midget aged hockey players in the Province of Newfoundland & Labrador with the opportunity to develop to the highest skill level in the Midget division.

To provide a level of competition for players of similar skill level that respects the financial and social values of families.

To encourage Midget players to continue to play elite hockey in Newfoundland and Labrador.

To control and administer the playing of the game of hockey in accordance with the rules, regulations and etiquette of the game.

To foster and encourage good sportsmanship in players, coaches and team officials who participate in the League.

To promote players who participate in the League to other teams and leagues in an effort to further the players’ hockey careers.

To recognize those players, coaches and team officials who participate in the League through annual awards.

Article 3: MISSION STATEMENT

To foster a learning environment within the province of Newfoundland and Labrador for elite Midget age hockey players to develop the skills required to achieve their hockey goals, personal goals and educational goals.

Article 4: LEAGUE MEMBERSHIP

Membership in the League shall consist of a maximum of six franchises. More specifically franchises will be awarded to franchisees in the following geographic regions and are non-transferable.



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Western - 1 franchise
Central – 1 franchise
Tri-Pen – 1 franchise
TriCom – 2 franchises
Northern – 1 franchise

Participation in the League is voluntary. Member teams accept the authority, rulings and decisions of the Board of Directors, Executive Committee, Hockey Newfoundland and Labrador and Hockey Canada upon entry into the League. Members are accountable for their conduct on and off the ice in accordance with the rules and regulations of the NLMMHL.

Article 5: GENERAL

The Constitution shall conform to the Articles, By-Laws, and Regulations of HNL, HNL Minor Council and Hockey Canada. In the event any section of the Constitution is in conflict with the Articles, By-Laws and Regulations of any of HNL, HNL Minor Council or Hockey Canada, the Executive Committee is empowered to make such changes as are required so that this Constitution complies with the Articles, By-Laws and Regulations of HNL, HNL Minor Council or Hockey Canada.

The Association shall register annually as a Corporation Without Share Capital, under Part XXI of the Corporations Act of the Province of Newfoundland & Labrador.

Article 6: BY-LAWS and RULES

The Bylaws and Rules must be followed by all persons involved in the administration, management and operation of the League, and its teams. The Bylaws and Rules may be modified and added to during the Annual General Meeting of the League as allowed for in Article 7.

Article 7: AMENDMENTS

All proposed amendments to the Constitution will require a majority vote of the Board of Directors in attendance at the Annual General Meeting where the vote is taking place. Any proposed amendment must be provided to the President at least 21 days in advance of the AGM, and copies of the amendment circulated to all Board Members within 14 days of the meeting.

Article 8: MEETINGS

The Annual General Meeting (AGM) of the League will be held in June of each year. Attendance at the AGM is mandatory. A meeting quorum will



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be a simple majority of the Board of Directors in attendance. Failure of a team to have representation at a scheduled AGM will result in a \$100.00 fine. Any subsequent meeting missed will result in the fine being progressively increased by \$100.00. Any member of the Board of Directors, who misses three consecutive meetings, without having an alternate representative in attendance, will be asked to remove themselves from the Board of Directors.

Operational meetings may be called by the President, at the request of any member of the Board of Directors. With the exception of the Annual General Meeting, other meetings will be conducted through electronic media, to minimize the expense associated with travel for Board members.

Meetings of the Board of Directors will be chaired by the President, and in his/her absence the Vice President.

Article 9: AUTHORITY

The NLMMHL derives its authority from its association with Hockey Newfoundland and Labrador and Hockey Canada. The NLMMHL will maintain membership in good standing with Hockey Newfoundland and Labrador. All rules, regulations and policies outlined within this document are accepted as the operating principles of the NLMMHL.

Article 10: GOVERNANCE

The League shall be administered by a Board of Directors. The Board of Directors shall consist of the President, Vice-President, Secretary/Treasurer, HNL Liason and one Governor from each operating franchises. Governors may not serve as the team's general manager.

Article 11: INDEMNIFICATION

The Newfoundland and Labrador Major Midget Hockey League will indemnify, defend and save harmless the Directors (or any one of them) against (1) any and all causes of action (threatened or commenced), (2) liability incurred by, or, (3) judgments entered against any Director, as a result of the Director acting in his/her capacity as a Director of the League, and the League shall discharge this duty to the fullest extent authorized in the League's Certificate of Incorporation, and as amended by-laws, and applicable law. Directors shall be entitled to the protection of any insurance policies the Association maintains for the benefit of its Directors and Officers against all costs, charges and expenses in connection with any action, suit or proceeding to which (s)he may be made a party by reason of his/her affiliation with the League, its subsidiaries, or affiliates.



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Article 12: RULES OF ORDER

The League will take as its Rule of Order: "Robert's Rule of Order".

Article 13: FRANCHISES

The League Executive Committee comprised of the President, Vice-President and Secretary/Treasurer will make recommendations to Minor Council for the awarding of the franchises to the successful applicants. Franchises will be awarded for a two year term with the franchisee holding the option to continue for a third year.

BY-LAWS

By-Law 1: BOARD OF DIRECTORS

The Board of Directors shall consist of:

Chairperson
President
Vice-President
Secretary/Treasurer
1 Governor from the six participating teams.

Administrative support for the Board of Directors will be performed by the League Administrator who will be hired by the league to perform the day-to-day operations such as statistics, website maintenance, registration, scheduling and other duties as deemed necessary by the President. A more in-depth description of this position can be found at the end of this document.

By-Law 2: EXECUTIVE COMMITTEE

The Executive Committee shall consist of the Chairperson, President, Vice President and Secretary/Treasurer. Each member, except the Chairperson who will be appointed by HNL Minor Council, will be voted on by the Board of Directors following a nomination process. The Chairperson will act as liaison between the League and HNL.

The President's role will be to chair league meetings, provide direction for the Board of Directors and will be the official spokesperson for the League.

The Vice President will support the President in his role by filling in whenever the President is unavailable to fulfill his duties.



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The Secretary Treasurer shall be responsible for the accounting of all League funds. S/he shall pay all accounts approved by the Executive Committee and shall keep record of all receipts and disbursements of League funds. The Secretary Treasurer shall be responsible for the preparation of the annual budget and shall advise the League on all financial matters. The Secretary Treasurer shall present a financial report at the Annual General Meeting.

By-Law 3: DISCIPLINE and PROTEST COMMITTEES

The League will convene a three person Discipline Committee and Protest Committee when required, under the direction of the Vice President of Hockey Operations. The members of these Committees will be selected for their hockey knowledge, familiarity with the League, and experience with minor hockey.

Other members of the Board of Directors and members of team management are prohibited from serving on either of these Committees. The exception being, if the Vice President is believed to be in a conflict of interest, the Board of Directors will select another member from within their ranks to act as chairperson of the Committee in place of the Vice President.

When needed, Committees will make recommendations to the President. The President will be responsible for imposing disciplinary action upon a player, parent, members of team management, or any other person referred to the Discipline Committee for consideration. The President will also rule on a recommendation by the Protest Committee.

By-Law 4: VOTING

All members of the Board of Directors will have one vote for all matters under consideration at meetings. When a vote is called, all members of the Board of Directors are required to vote, with the exception of the President. There will be no abstentions. In the event of a tie, the President will cast a final deciding vote.

By-Law 6: LEAGUE FORMAT

The League will operate with a maximum of six teams. More specifically:

- TriCom – 2 teams
- Tri-Pen – 1 team
- Central – 1 team
- Western – 1 team
- Northern – 1 team



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The Board of Directors is entrusted with the responsibility to ensure the calibre of the League meets the status of Major Midget.

By-Law 7: PLAYOFFS

There will be playoffs at the end of the regular season to declare a League champion. The League champion will represent the Branch in the Atlantic play downs which is used to select a representative from Atlantic Canada to compete at the national Telus Cup Championship.

By-Law 8: SCHEDULE

Each team will play a balanced schedule of a minimum of 32 games. Allowances will be provided in the schedule to allow teams to participate in the various major midget tournaments.

By-Law 9: AFFILIATIONS

League teams will affiliate with Midget Minor players in the 5 Districts under the affiliation rules of Hockey Canada.

By-Law 10: GENERAL

Unless the context otherwise requires, words importing the singular include the plural and vice versa. Words importing gender shall include both genders.

League Rules and Regulations

The following rules and regulations are in place to ensure the orderly day-to-day operation of the league with specific consideration given to the safety and well being of all participants. Failure to comply with any rule or regulation may result in a minimum fine of \$100 unless otherwise noted. Players, parents, team management and coaches should be familiar with the League's operating rules and regulations.

Rule 1: AMENDMENTS TO THE RULES AND REGULATIONS

All proposed amendments to the Constitution will require a majority vote by members of the Board of Directors who are in attendance at the AGM. Any proposed amendment must be provided to the President at least 21 days in advance of the AGM, and copies of the amendment circulated to all Board Members within 14 days of the meeting.



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Rule 2: Coaching Certification

To maintain a high level of competition conforming with elite athletes competing at a high standard of play, the League requires the following certification:

- **Head Coach** – Development 1 Certification, Speak-out Program or Respect in Sport Program, Royal Newfoundland Constabulary Vulnerable Persons Check/Certificate of Conduct
- **Assistant Coaches** – Coaching Level, Speak-out Program or Respect in Sport Program, Royal Newfoundland Constabulary Vulnerable Persons Check/Certificate of Conduct
- **Trainers** - Speak-out Program or Respect in Sport Program, Royal Newfoundland Constabulary Vulnerable Persons Check/Certificate of Conduct and Hockey Canada Safety Program
- **Team Managers and Equipment Managers** - Speak-out Program or Respect in Sport Program, Royal Newfoundland Constabulary Vulnerable Persons Check/Certificate of Conduct

Coaches and Assistant Coaches and any other team member required to participate in on-ice activities **MUST** wear a certified hockey helmet. Failure to do so will result in a one game suspension in addition to the \$100.00 fine.

Rule 3: LEAGUE PLAY

Teams will play a minimum 32 game regular season schedule. There will be 5 round robin tournaments; the pre-season and 4 others. The pre-season tournament will not count towards player statistics and team standings. Each team will play four games in each of the other 4 tournaments for a total of 16 games. In addition to the tournaments, each team will play the other four teams four times each; 2 games at home and 2 games on the road, for a total of 16 games. The Home and Away games will be played on Saturday and Sunday.

Placements for the five yearly tournaments will be based on a random draw of numbers. Each team will draw a number between 1 and 5 and that number will be the team's placing in the first tournament. The team's placing in each subsequent tournament will increase by 1 ($N + 1$). This will ensure that all five teams will be treated fairly and will know prior to the season start what their schedule will be for the five tournaments. Schedules for all five tournaments will follow the template as adopted by HNL Minor Council as outlined in the Minor Hockey Directory for the Provincial Championships. However, host teams may devise an alternate schedule that can be used only if there is unanimous agreement from the 4 visiting teams. The schedule and the budget for each tournament must



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be submitted to the League Executive for approval within 2 weeks of the commencement of the tournament.

TEAM	Sept. Pre-Season Tour.	Oct. Tour.	Nov. Tour.	Dec. Tour.	Jan. Tour.
Privateers	2014	2015	2016	2017	2018
Maple Leafs	2018	2014	2015	2016	2017
Osprey	2017	2018	2014	2015	2016
IcePak	2016	2017	2018	2014	2015
Kings	2015	2016	2017	2018	2014

All League games will be comprised of three (3) twenty-minute periods, stop time. However, if in the discretion of the League Executive, justifiable circumstances did not permit this regulation to be complied with, the League Executive may confirm that such game was played in accordance with this regulation. The maximum warm-up time for all regular season and playoff games shall be 10 minutes. Teams are permitted one 30 second time-out per game.

If a game is tied at the end of regulation time, there will be a 2 minute rest period followed by a five minute sudden-victory overtime period. Teams will play 4 against 4 during this overtime. If the teams are still tied after overtime, the winner will be decided by a shoot-out. Teams will name 5 different players for the shoot-out and the home team has the option of shooting first or second. If the score is still tied after the shoot-out, teams will alternate shooters until a winner is decided. 2 points will be awarded for a regulation win (RW) or an over-time win (OTW) or a shoot-out win (SOW). 1 point will be awarded for an overtime loss (OTL) or a shoot-out loss (SOL). Players serving a penalty at the end of regulation or overtime are not permitted to participate in the shoot-out.

Playoffs, as described in Rule 12, will follow the regular season.

Rule 4: TIE BREAKING PROCEDURE

In the event of a tie in points between 2 or more teams at the end of the regular season, the following tie-breaking procedure will be endorsed.

1. The team with the most wins gains the higher position.
2. If teams are tied in wins, the team with the best record between the tied teams gains the higher position.



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3. If teams are still tied after Procedure 2, the team with the highest goal differential in all games during the regular season gains the higher position. Goals For divided by Goals For plus Goals Against. 5 G For and 10 G Against would be $5/15 = .333$. The higher percentage gains the higher position.
4. If teams are still tied after Procedure 3, the team with the least number of penalty minutes in all games during the regular season gains the higher position.
5. If teams are still tied after Procedure 4, the team that scored the first goal in the first game between the tied teams gains the higher position.
6. If teams are still tied after Procedure 5, a single game will be played to determine which team gains the higher position.

Rule 5: PLAYER ELIGIBILITY

Players must be midget aged (15, 16 and 17 years old prior to December 31st) who are residentially eligible to register and play minor hockey in Newfoundland and Labrador and who are in good standing with their minor hockey association. Bantam aged players applying for Exceptional Status to be eligible to try-out for a major midget team **MUST** follow the rules of the High Performance Program to be deemed eligible.

Rule 6: RESIDENCY RULE

No player shall be registered as a member of, or compete for, a team if his parents have not been bona fide residents of the city, town, or rural area or zone which has been established by the Branch to which the team belongs. However a player may be permitted to register as a member of, or compete for, a team from outside his parent's place of residence if the player is granted permission from the team in the region in which his parents reside, to try-out for another team. Proof of residency will be determined by the League Executive in consultation with Hockey Newfoundland and Labrador.

Rule 7: TRYOUTS

Players must try out with the team in the zone in which they reside.

The **TriCom Zone** consists of players from the following minor hockey associations; Avalon Celtics MHA, Goulds MHA, Northeast MHA, St. John's MHA, Bell Island MHA, Conception Bay Regional MHA, Mount Pearl MHA and the Southern Shore MHA.

The **TriPen Zone** includes players from the following minor hockey associations; Bay Arena MHA, Bonavista Trinity MHA, Cee Bees MHA,



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Clarenville MHA, Marystown MHA, Placentia MHA, Trinity Placentia MHA, United Towns MHA

The **Central Zone** includes players from the following minor hockey associations; Baie Verte MHA, Bay D'Espoir MHA, Beothic MHA, Bishop's Falls MHA, Botwood MHA, Exploits Valley MHA, Fogo Island/Change Islands MHA, Gander MHA, Glovertown MHA, Green Bay South MHA, Harbour Breton MHA, La Scie MHA, Lewisporte MHA, Springdale MHA, Twillingate/New World Island MHA,

The **Western Zone** includes players from the following minor hockey associations; Corner Brook MHA, Deer Lake MHA, Gros Morne MHA, Port aux Basques MHA, St. Anthony MHA, Stephenville MHA, Straits MHA, Twin Town MHA,

The **Northern Zone** includes players from the following minor hockey associations; Churchill Falls MHA, Labrador West MHA, Lake Melville MHA, Sheshatshiu MHA, Torngat MHA,

Teams will call open tryouts for all midget aged players from the minor hockey associations in their region. Try-outs for all teams shall not commence prior to August 1st.

In the TriCom region, players can only try-out for the team that drafted the player. Once drafted, the player remains the property of that team until the League is notified in writing that the player is released. If released, the player may try-out for the other TriCom team as a free agent and does not need to re-enter the draft. With two teams in the TriCom region, no player from the TriCom region is permitted to try-out for a team in another region.

Each team must advertise their try-outs through the local media, including newspapers, radio and websites. All minor hockey associations in the Team's zone will be requested to advertise the try-out camp on their website, along with the HNL website and League website.

Each player attending a tryout camp must complete a Try-out Registration Form. Each team will forward copies of the player Try-out Registration Form to the League Administrator prior to the start of the Tryout Camp. Try-out Registration information will then be forwarded to the Branch office.

Any player deemed eligible under Hockey Canada Rules and Regulations shall be eligible to compete during regular season and playoff competition.



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A player becomes ineligible to compete in regular season and playoff competition if he is registered at a private educational institution (prep school) outside the province.

Teams are encouraged to hold Spring Identification Camps at the end of each season. These camps must not start prior to 14 days after the conclusion of the bantam season and cannot be scheduled that will cause a conflict with the High Performance Program identification camps or provincial camps.

A preliminary roster is to be submitted to the Administrator prior to the start of the pre-season tournament. The league roster of 20 players (maximum) is to be submitted to the Administrator seven days after the pre-season tournament. The FINAL roster must be confirmed with the Administrator prior to the January 10th deadline.

First time rostered players in the League are required to complete a Hockey Newfoundland and Labrador Letter of Consent form signed by the President or Vice President of their minor hockey association to ensure that they are in good standing with their minor hockey association which allows them to participate in the NLMMHL. This is only required for entry into the League and isn't necessary on a yearly basis.

Affiliated players in the League are required to complete a Hockey Newfoundland and Labrador Special Affiliate Letter of Consent form signed by the President or Vice President of their minor hockey association to ensure that they are in good standing with their minor hockey association which allows them to participate in the NLMMHL. This is required yearly for affiliated players. Teams can use affiliated players up to the maximum roster size as indicated by Hockey Canada.

Players may try-out for one more team outside their assigned zone under the following conditions:

- If a player tries out for the team in the zone in which he resides and is subsequently cut.
- In the event a player is not able to tryout for the team in the zone in which he resides because he is in the process of trying out for a Major Junior, Junior A or for some other mitigating circumstance. In this situation, the player shall report to the team in the zone in which he resides, and if not added to the team roster may try out for one other team.

A copy of any written approval given to a player to try out for another team shall, in a timely manner, be forwarded to the President of the League. If



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a player is listed as an Affiliated Player with the team in the zone in which he resides, that player will be ineligible to tryout for another team.

Any player refused a release from their minor hockey association may appeal to the League Executive Committee. If no resolution can be found, the player can appeal to the Registration Committee of HNL to be granted such release. When a ruling in this case is not accepted, the next step is to submit an appeal directly to the Appeals Committee as described in HNL Regulation C-05-08.

In the event there is no team in a zone, players wishing to play major midget in another zone must apply to the League for consideration to play elsewhere.

Rule 8: FRANCHISE BIDS

Interested parties wishing to submit bids for available franchises **MUST** prepare a bid document that includes the following information:

- **Board of Directors**
 - Include the names, titles and responsibilities of the Directors
- **Certificate of Incorporation**
 - Submit the official certificate of incorporation as registered with Service NL, Companies and Deeds
- **Coaching and Management Staff**
 - Listing of coaching staff and their coaching levels
 - Include the names, titles and responsibilities of all staff
 - All staff members will be required to complete the Hockey Canada Vulnerable Person Check
- **Team Name and Colours**
 - Confirmation of home and away colours and team name that does not conflict with existing team names.
- **Program Outline to be delivered to players**
 - Program to include number of practice hours per week, off-ice training program, scholarship/educational program
 - Describe in detail your organizations philosophy on player development at the major midget level
- **Written Guarantee of Ice Time**



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- Minimum 3 hour time slot for regular season play supported by written confirmation from ice provider that games will be played in their entirety including play-off games.
- League games are to be played on Saturday evening and Sunday morning
- **Relationship with Minor Hockey Associations in the Region**
 - Ideally, written support from the minor hockey associations in the team's Region, should accompany the bid as a means of support. This would confirm the MHA's confirmation that there would not be any impediment to player movement from the MHA to the Major Midget Team.
- **Relationship with the On Ice Officials in the Region**
 - Ideally, written support from the Zone Coordinator in your region that they would be willing to work with the team and the league to help develop on ice officials with the skills required to work at the major midget level
- **Ability to demonstrate compliance with League's long-term objectives**
 - Refer to Article 2 to submit a bid that adheres to the League's Objectives.
- **3 Year Business Plan outlining financial performance**
 - Detailed 3 year budget
 - Listing of sponsors and their commitment; financial, in-kind, etc.
 - Detailed report of the team's initial budget including all player registration fees for permanent rostered players as well as affiliated players (AP), sponsorships, 50/50 sales, gate receipts, etc. and all team expenses.
 - Successful franchisees will have to demonstrate adequate restaurant and hotel accommodations within a reasonable distance from the rink.
 - Listing of various voluntary roles such as fund raising and expectations of parents.
- **Performance Deposit**
 - Successful franchise bids will require a \$5,000 performance deposit to the league upon acceptance of the franchise. This money will be held in trust for the period of the franchise agreement and will be non-interest bearing.



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Upon successful completion of the franchise agreement the deposit will be returned to the franchise net of any monies owed to the league at that time.

If the franchise ceases operations during the term of the franchise agreement the deposit will be returned to the franchise net of any monies owed to the league and net of any additional costs incurred by other franchise holders due to the default of the franchise.

Franchises are not transferable and re-entry into the League by another team from the same region will still carry the \$5,000 franchise performance deposit.

Each franchisee will notify the League within 30 days after their final season game to indicate their plans for the following season.

The League Executive and Hockey Newfoundland and Labrador retain the right to award franchises based on the merits of the submitted bids.

Rule 9: GAME SHEETS

Each team will identify a representative who will be responsible for submitting gamesheets to the League Administrator. Within 24 hours of the completion of the game, the home team is responsible for sending a copy of the official game sheet to the League Administrator. The official game sheet can be sent by facsimile transmission or scanned and sent electronically as a PDF file (preferred format).

Teams will use the standard NLMMHL Gamesheet. The gamesheet will have 4 copies; one copy for each team, one copy for the officials and one copy to be mailed to the League Administrator. All teams will be required to participate in a pre-season conference call to ensure that the gamesheets are completed in accordance with the data entry functions of the web page. Once a game sheet has been entered into the website, changes will not be made to player statistics.

Rule 10: GAME PROTOCOL

Each team is responsible for their conduct during warm-ups and after game completion. The following rules must be adhered to in preparation for games:



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- Teams will ensure that the dressing rooms are left in a clean condition such that there will be no delay imposed on the next incoming team.
- The ice surface must be flooded between periods with a maximum of 15 minutes allotted for the intermission.
- There will be a 10 minute warm-up period prior to the commencement of the game.
- It is not necessary to re-surface the ice prior to the warm-up. At the conclusion of the warm-up, teams will return to their dressing rooms to allow for ice re-surfacing prior to the start of the game.

The Home Team is responsible for:

- Supplying a minimum of 25 pucks to the visiting team for warm-up. The visiting team will collect the pucks and return to the home team after warm-up.
- Ensuring that there are sufficient game pucks provided for game play.
- Providing dressing rooms that ensure there is adequate separation between teams before, during and after the game.
- Providing separate shower facilities for each team.
- The playing of the National Anthem.
- Providing on-ice and off-ice officials

There will be an admission fee of \$5 per game for spectators over the age of 10.

Rule 11: TEAM ROSTERS

Participating member teams must, during all scheduled games of the League, dress a minimum of twelve (12) players including a goaltender. If a team does not have a backup goaltender, a designated player shall be identified to be the backup goaltender if necessary. Each participating member team shall be allowed to dress the maximum number of twenty (20) players including 2 goaltenders.

Any team who plays an ineligible player shall automatically be deemed to have lost the game or games in which any ineligible player(s) has participated, the points will be awarded to the other team and individual player statistics will be voided. Any coach who plays an ineligible player will be suspended 1 game for each game the illegible player(s) participates and will be fined \$200 per game. A request for a ruling on the eligibility of a player is not considered a protest. Team officials are responsible to ensure that without further notice from anyone, players or team officials serve the suspension as per the Minimum Suspensions.



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The Suspension Tracker, as generated by the league Administrator, is meant as a guide only and it is the sole responsibility of the team to ensure its accuracy.

All team rosters including player registration information, transfer information and releases shall be sent to the teams by no later than each Friday at 5:00 pm for weekend games.

Teams can affiliate players according to the Hockey Canada regulations. Copies of the approved affiliated players list shall be forwarded to the League President not later than January 10th of each season.

A Player may not be released after January 10th to make room for registering another player, and a player released after January 10th may not register with another team for that season.

The two TriCom teams will implement a draft system to allocate players between the two teams. If a player is drafted to a team, the player remains the property of that team until released. Teams will comprise a Protected List to a maximum of 45 players which will include rostered players, affiliated players and remaining drafted players. Any player drafted by a team but not included on their Protected List is considered a Free Agent and is free to try-out for the second regional team without re-entering the draft. The Protected Lists must be submitted to the League by 5:00pm seven days after the start of the regular season.

Rule 12: PLAYOFFS

League standings shall be determined by an accumulation of points; two points shall be awarded for a regulation win, overtime win or shoot-out win; one point shall be awarded for an overtime loss or a shoot-out loss.

A playoff series to select the League champion will commence at the conclusion of the regular season. The top four teams will compete in the play-offs with 1st place playing 4th place and 2nd place playing 3rd place. For economic purposes and in consideration of travel, the play-off format will be a 2-3-2 format where overnight travel is required. Games 1, 2, 6 and 7 will be the home games of the higher seeded team; games 3, 4 and 5 will be the home games of the lower seeded team. Where overnight travel is not required, the format may switch to a 2-2-1-1-1 format where games 1, 2, 5 and 7 will be the home games of the higher seeded team and games 3, 4 and 6 will be the home games of the lower seeded team. This decision will be made by the higher seeded team.



HNL MAJOR MIDGET HOCKEY LEAGUE



Play-off games will consist of 3 X 20 minutes stop time. One 30 second Time-Out will be permitted per game. If the game is tied after regulation, there will be a 2 minute rest period followed by a 10 minute sudden victory overtime period. If the score is still tied after 10 minutes of overtime, the ice will be re-surfaced and the next overtime period will be 20 minutes. This format will continue until a winner is determined.

Rule 13: SCHEDULE

The role of the League Scheduler will be the duty of the League Administrator. Each participating member team shall adhere to all requirements of the League Scheduling Policy. The League Schedule shall, in all cases, be subject to ratification by the Board of Directors at the League AGM by a simple majority vote. Games will be scheduled as to minimize absences from school and to minimize travel and accommodations costs.

All postponed games in the regular season league schedule must be rescheduled. The game will be rescheduled the next weekend the two teams are playing each other. In the event that the teams are not scheduled to play against each other prior to the end of the regular season, the League Executive will decide on the date for the game to be rescheduled.

- a) Member Teams must declare an arena as their "Home Rink". Other rinks may be named as alternate rinks. However, playing at alternate rinks must not cause a financial burden to the visiting team. If there is an added cost for the visiting team to play at an alternate rink, the cost will be borne by the home team.
- b) Member Teams must play the majority of their home games against each team in their home rink. Agreement from the visiting team is required before a game is moved from the home rink. If the visiting team refuses to give permission to relocate a game at the request of the home team, the President will have the final decision on the relocation of the game. Teams must be reasonable when requesting and accepting a request to relocate a League game as there may be times that the relocation of a League game is unavoidable.
- c) Member Teams must provide a list of home dates, venues and starting times to the Administrator.
- d) The Administrator shall submit any changes to the league schedule to the League President for approval prior to August 15th.



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- e) Minor changes to the start time of a game agreed upon by the affected teams must be communicated to the President for approval.
- f) A schedule date change agreed upon between two teams must be approved by the President. The President shall determine whether the request is appropriate as well as responsibility for any extraordinary expenses that may be charged as a result of the change.
- g) Member teams should make the greatest effort to submit "Schedule Change Requests" as soon as possible.
- h) Member teams are responsible to notify all interested parties of any approved schedule change including game officials.
- i) All League games scheduled on Friday and Saturday nights must be started by 8:00 pm and Sunday games must be started by 10:00 am unless there is agreement from both teams to change.

Rule 14: OFFICIALS

All League games shall be handled by a two-man referee system. Referees must have Level Four (4) or higher, be registered and in good standing with the governing body or affiliated branches of HC. Linesmen must have Level Three (3) or higher.

Rule 15: FINANCES

The management of League finances is the responsibility of the Secretary Treasurer who will present a Budget and Financial Update to the Board of Directors for approval at the AGM. The League's fiscal year shall be June 1 – May 31.

All Franchise managers are required to submit a budget to the Secretary/Treasurer no later than two weeks after the START of regular season. Year-end Financial reports are due to the Secretary/Treasurer 30 days after the END of the season.

Signing Authority for League accounts will be the President, Vice-President, Secretary Treasurer and Administrator. The President will approve all expenditures by virtue of first signature; the Vice-President or Secretary/Treasurer will co-sign as second signature. If the President is unable to sign as first signature, the Secretary/Treasurer will sign as first signature and the Vice-President will co-sign as second signature. The Administrator may sign as second signature. Two signatures are required on all cheques.



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Reimbursement of expenses incurred while conducting official League business will be covered using the NLMMHL Expense Claim Form. Cash expenses will be reimbursed upon submission of receipts; per diem expenses for meals and mileage will be reimbursed based on League rates. These rates will be reviewed annually by the Secretary/Treasurer.

Rule 16: ANNUAL FEES

The League will establish an annual fee to be paid by the member teams to be included in the annual budget. The annual fee will be used to establish and maintain approved league administrative costs. Annual fees are to be paid in full by October 15. Teams withholding payment of their annual fees will be prohibited from participating in League games.

Rule 17: TEAM MANAGEMENT

Team management will consist of a Head Coach, 2 Assistant Coaches, Trainer and a Team Manager. All teams must have a certified Hockey Canada Safety Person (“HCSP”) on the bench for all games. All team management must have completed Speak-Out or Respect in Sport programs and must meet minimum coaching levels for Major Midget Hockey as per HNL and Hockey Canada requirements. The Administrator will register the team management using the Hockey Canada on line database. Changes to team management will be communicated to the Administrator immediately.

Rule 18: SUSPENSIONS

The League employs the HNL Suspension Guidelines as a basis for suspensions. The Executive Committee reserves the right to increase the duration of HNL suspensions where the situation warrants this action. A copy of the Minimum Suspensions Guidelines can be found at the end of this document.

All suspensions received in the League **MUST** be served in League play. Players receiving a Gross Misconduct, a Match Penalty or a Fighting Major while playing elsewhere, cannot resume play in the NLMMHL until the Gross Misconduct, Match Penalty or Fighting Major suspensions are served in the League/Association where it was received. Confirmation of the completion of the suspension must be communicated to the League Administrator by the HNL Area Director before a suspended player is eligible to resume play in the NLMMHL.

Rule 19: PROTESTS



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Protests of games may be made only in regard to the interpretation of the rules of competition, and not in regard to the judgment of a referee or other official. Protests must be in writing and submitted to the President within 24 hours of the initial interpretation of the rule and must be accompanied by a non-refundable \$100 fee.

The President will refer all protests to the Protest Committee who will make recommendation on the disposition of the protest to the Board of Directors. Protests will be dealt with as expeditiously as possible. A maximum of 7 days should be allowed to respond to a protest.

Rule 20: APPEALS

Appeals of a decision made by the Protest Committee or the Discipline Committee may be made to the HNL Appeals Committee as per the HNL Constitution Regulation 6. All appeals to the HNL Appeals Committee must be made in writing within 14 days of the protest ruling and this appeal must be accompanied with a \$200.00 appeal fee made payable to Hockey Newfoundland and Labrador; \$100.00 will be refundable if the appeal is successful. The decision of the HNL Appeals Committee is the final step in the Branch appeals procedure and any further appeal where applicable, must be made to Hockey Canada within seven (7) days.

Rule 21: SANCTIONING EXHIBITION GAMES AND TOURNAMENTS

Teams planning to host exhibition games or tournaments with teams from outside of the League must request permission from the President.

Rule 22: LEAGUE AWARDS

The League will recognize players, coaches and volunteers with annual awards. The list of annual awards is included in the Awards section of this document.

Rule 23: BANQUET AND AWARDS PRESENTATION

Each season will end with a banquet and awards presentation. The cost to players and team management for the banquet and awards presentation will be included in the team's League fees. Tickets will be made available to parents and others wishing to attend the banquet at a reasonable price, covering the incremental cost associated with additional meals and other amenities.

Team managers will submit their nominations for the voting awards prior to the year-end banquet. Once all of the teams have finished their submissions, the nominees will be returned to the managers for voting. Each first place vote will receive 5 points, each second place vote will



HNL MAJOR MIDGET HOCKEY LEAGUE



receive 4 points, each third place vote will receive 3 points, each fourth place vote will receive 2 points and each fifth place vote will receive 1 point. Points will be tabulated to declare a winner. If there is a tie in points, the nominee with the most first place votes will be declared the winner. If still tied, the nominee with the most second place votes will be declared the winner. If still tied, the nominees will co-share the award.

The League will be responsible for the purchasing and engraving of the keeper trophies and for the engraving of the perpetual trophies. It will be the responsibility of the League champion to engrave the Air Canada Cup.

Rule 24: STATISTICS

It is the responsibility of each team to ensure that gamesheets are submitted to the league Administrator within 24 hours after the completion of each game. This will allow for the timely updates of the league website.

Rule 25: ROSTER SHEETS

It is the responsibility of each team to make available Roster Sheets for every game. The Roster Sheets must contain the following information:

Forwards and Defenseemen

Player #
Last Name
First Name
Position
Date of Birth
Shot
Height
Weight
Goals
Assists
Penalty Minutes

Goaltenders

Player #
Last Name
First Name
Position
Date of Birth
Shot
Catches
Height
Weight
Wins
Losses
Shut-outs
Save Percentage
Goals Against Average

Rule 26: Game Forfeit

In the event that a Visiting team has to forfeit a game, there will be a \$1,000 penalty imposed on the Visiting team which will be payable to the Home team to cover game expenses. In the event that a Home team forfeits a game, the team will be required to cover the expenses incurred by the Visiting team.



HNL MAJOR MIDGET HOCKEY LEAGUE



If a team forfeits a second game, the team will be considered not in good standing with the League and will be suspended for the rest of the season and the franchise will be considered to have folded.

NOTWITHSTANDING CLAUSE

In the event a situation arises that is not covered within this document, the League will defer its decision on any matter until it is confirmed that such decision does not contravene the Constitution of Hockey Newfoundland and Labrador or the Articles, By-Laws, and Regulations of Hockey Canada. Otherwise the League Executive is empowered to make any decision in a fair and dutiful manner that upholds the principles and objectives of the NLMMHL. This will be done in consultation with Hockey Newfoundland and Labrador and/or Hockey Canada and the decision of the League Executive will be final.



HNL MAJOR MIDGET HOCKEY LEAGUE



DUTIES OF THE LEAGUE ADMINISTRATOR

GENERAL

The Administrator will be responsible for the day to day operation of the League. The Administrator will answer to the President and will work closely with the Executive Committee. The Administrator will act as the liaison between the Executive Committee and team management.

APPOINTMENT

The administrator will be hired on an annual basis. The Executive Committee may use any method it wishes to identify candidates for the position of Administrator.

DUTIES AND RESPONSIBILITIES

The duties and responsibilities of the Administrator include:

- Calling meetings on behalf of the President or Executive Committee as required
- Managing the web site
- Creating the League Schedule
- Conduct the day to day business of the League (pay bills, purchasing, etc)
- Establish process for selecting award winners
- Organize banquet and awards
- Support the President
- Register players and coaching staff with Hockey Canada using the on-line registration system
- Keep an accurate record of penalties that carry suspensions using the Suspension Tracker.
- Register the NLMMHL as a member with HNL on an annual basis.
- Other duties as assigned

AUTHORITY

The Administrator has the authority to act on behalf of the Executive Committee in the following matters;

- Payment of bills
- Purchasing of items in the approved budget
- Approve travel permits
- Approve exhibition games
- Notify players of suspensions
- Negotiate changes to the League schedule



HNL MAJOR MIDGET HOCKEY LEAGUE



Annual Awards

League Champions - Air Canada Cup

2013/2014	Central Icepak
2012/2013	Coleman's Western Kings
2011/2012	Pennecon Privateers
2010/2011	Pennecon Privateers
2009/2010	St. John's Fog Devils
2008/2009	St. John's Fog Devils
2007/2008	St. John's Fog Devils
2006/2007	St. John's Fog Devils
2005/2006	
2004/2005	
2003/2004	
2002/2003	
2001/2002	
2000/2001	
1999/2000	
1998/1999	
1997/1998	
1996/1997	
1995/1996	
1994/1995	
1993/1994	

Most Gentlemanly and Effective Player - Bob Lee Memorial Trophy

2013/2014	Jordan Richards – Western Coleman Kings
2012/2013	Ian Skinner – Western Coleman Kings
2011/2012	Chris Mallard - St. John's Maple Leafs
2010/2011	Matthew Kennedy – St. John's Maple Leafs
2009/2010	Marcus Power – St. John's Fog Devils
2008/2009	Zach O'Brien – St. John's Fog Devils
2007/2008	Julien Payne – Western Subway Kings
2006/2007	Brandon Snow – Central IcePak
2005/2006	Adam Park – Western Kings
2004/2005	Jon Reid – St. John's Maple Leafs
2003/2004	
2002/2003	Ted Purcell – St. John's Maple Leafs
2001/2002	Jeff Harding – Western Kings
2000/2001	David Vickers – Northern Huskies
1999/2000	Brent Roach – St. John's Maple Leafs



HNL MAJOR MIDGET HOCKEY LEAGUE



1998/1999 Wayne Walsh – Northern Huskies
1997/1998 Jamie Welsh – TriPen Osprey
1996/1997 Tony Helles – St. John's Maple Leafs

Rookie of the Year - Northern Huskies Award

2013/2014 Adam Dawe – Central IcePak
2012/2013 Jordan King – Western Coleman Kings
2011/2012 Kyle Tibbo – St. John's Maple Leafs
2010/2011 Matt Jenkins – St. John's Privateers
2009/2010
2008/2009
2007/2008
2006/2007
2005/2006
2004/2005
2003/2004
2002/2003
2001/2002
2000/2001
1999/2000
1998/1999
1997/1998
1996/1997
1995/1996

Top Scorer Regular Season - Bud Chafe Trophy

2013/2014 Jordan Maher – Central IcePak
2012/2013 Ian Skinner – Western Coleman's Kings
2011/2012 Brandon Pye – St. John's Maple Leafs
2010/2011 Danny Wicks – St. John's Pennecon Privateers
2009/2010 Zack O'Brien – St. John's Fog Devils
2008/2009 Zack O'Brien – St. John's Fog Devils
2007/2008 Zack O'Brien – St. John's Fog Devils
2006/2007 Chris Thorne – St. John's Maple Leafs
2005/2006 Luke Adam – St. John's Maple Leafs
2004/2005 Chad Locke – St. John's Maple Leafs
2003/2004
2002/2003 Sean Wadden – St. John's Maple Leafs and Andrew Sweetland –
TriPen
2001/2002 Doug Hardiman
2000/2001 Lucas Eveleigh
1999/2000 Derrick Kent – St. John's Maple Leafs
1998/1999 Jason King – Western Kings



HNL MAJOR MIDGET HOCKEY LEAGUE



1997/1998 Pat Yetman – St. John's Maple Leafs
1996/1997 Paul Whalen
1995/1996 Ryan Walsh

Top Goalie Regular Season - John Halliburton Memorial Trophy

2013/2014 Noah Weir – Central IcePak
2012/2013 Chris Smith – St. John's Privateers
2011/2012 Matt Jenkins – St. John's Privateers
2010/2011 Matt Jenkins/Scott Walsh – St. John's Privateers
2009/2010 Scott Bray – St. John's Privateers
2008/2009 Scott Bray – St. John's Fog Devils
2007/2008 Scott Bray – St. John's Fog Devils
2006/2007 Kyle Downer – St. John's Maple Leafs
2005/2006 Kyle Downer – St. John's Maple Leafs and Stefan Dumaresque – Northern Huskies
2004/2005 Mark Yetman – St. John's Maple Leafs
2003/2004 Roger Kennedy – St. John's Maple Leafs
2002/2003 Doug Jewer and Devin O'Brien – St. John's Maple Leafs
2001/2002 Ryan Mior – St. John's Maple Leafs
2000/2001 Jim Babij – St. John's Maple Leafs
1999/2000 Jimmy Healey – St. John's Maple Leafs
1998/1999 Neil Keating – TriPen Osprey
1997/1998 Graham Cook – St. John's Maple Leafs
1996/1997 Chris Dawe
1995/1996 David Prince

Top Defenseman Regular Season - Sportscraft Trophy

2013/2014 Josh Fitzgerald – Central IcePak
2012/2013 Chad Jones – Western Kings
2011/2012 Nick Lindstrom – St. John's Privateers
2010/2011 Andrew Smith – TriPen Lions
2009/2010 Andrew Smith – TriPen Frost
2008/2009 Zack Lodge – Central IcePak
2007/2008 Ryan Matheson – Central IcePak
2006/2007 Donnie Churchill – Western Kings
2005/2006 Stephan Simms – Western Kings
2004/2005 Andrew Shears – Western Kings
2003/2004 Jeremy Kavanagh – St. John's Maple Leafs
2002/2003 Mike Stevens – St. John's Maple Leafs
2001/2002 Adam Pardy – TriPen Frost
2000/2001 Sam Roberts – St. John's Maple Leafs
1999/2000 John Ball – St. John's Maple Leafs
1998/1999 Ryan Durnford – Western Kings



HNL MAJOR MIDGET HOCKEY LEAGUE



1997/1998 David Bambrick – St. John's Maple Leafs
1996/1997 Robbie Bennett – St. John's Maple Leafs
1995/1996 Chris Sweet – TriPen Osprey

Most Valuable Player Regular Season - Western Subways Trophy

2013/2014 Jordan Maher – Central IcePak
2012/2013 Cody Drover – Central IcePak
2011/2012 Cody Drover – Central IcePak
2010/2011 Marcus Power – St. John's Privateers
2009/2010 Zack O'Brien – St. John's Fog Devils and Kevin Reid – TriPen Frost
2008/2009 Darren Wilkins – Central IcePak
2007/2008 Brandon Hynes – Western Subway Kings
2006/2007 Michael Hynes – Western Subway Kings
2005/2006 Andrew Reid – Western Subway Kings
2004/2005 Chad Locke – St. John's Maple Leafs
2003/2004
2002/2003 Scott Brophy – St. John's Maple Leafs
2001/2002 Darren Dean – Western Subway Kings
2000/2001 Simon Lamontage – Northern Huskies
1999/2000 Steve Richards – St. John's Maple Leafs
1998/1999 Jason King – Western Subway Kings
1997/1998 Denis White – St. John's Maple Leafs
1996/1997 Paul Whalen – Central IcePak
1995/1996 Ryan Walsh – St. John's Maple Leafs

Best Goals Against Average

2013/2014 Noah Weir – Central IcePak
2012/2013 Chris Smith – St. John's Pennecon Privateers

Coach of the Year

2013/2014 Rob Canning – Central IcePak
2012/2013 Angus Head – Western Coleman's Kings



HNL MAJOR MIDGET HOCKEY LEAGUE



PLAYER REGISTRATION FORM

Player Information

Team: _____

Player's name: _____

Position: _____

Street Address: _____

Date of Birth: _____

City/Town: _____

MCP No.: _____

Postal Code: _____

Height
(feet/inches): _____

Email Address: _____

Weight
(pounds): _____

Telephone No.: _____

Home
Association: _____

Medical Info: _____

Parent Information

Mother's name: _____

Father's name: _____

Address same as player's address

Address same as player's address

Street Address: _____

Street Address: _____

City/Town: _____

City/Town: _____

Postal Code: _____

Postal Code: _____

Business Telephone No.: _____

Business Telephone No.: _____

Telephone No.: _____

Telephone No.: _____

_____ To be completed by Team _____

Season: _____

Date in Camp: _____

Jersey No.: _____

Date Released: _____

Jersey Color: _____

Affiliated Player:

Exemption Granted:

Roster Position:



HNL MAJOR MIDGET HOCKEY LEAGUE



The _____ Minor Hockey Association gives its consent for

MCP# _____, to affiliate with the _____ Major Midget Team beginning with the _____ hockey season.

Date

President (please print)

Secretary (please print)

President (signature)

Secretary (signature)

Note: Before any player participates with a Major Midget Team, a letter of consent **must** be signed and forwarded to the League Administrator who will forward to Hockey Newfoundland and Labrador.



HNL MAJOR MIDGET HOCKEY LEAGUE





HNL MAJOR MIDGET HOCKEY LEAGUE

TEAM TRYOUTS



HOCKEY NEWFOUNDLAND AND LABRADOR

13B High Street, P.O. Box 176, Grand Falls-Windsor, NL A2A 2J4 Tel: (709) 489-5512, Fax: (709) 489-2273

E-Mail: office@hockeynl.ca Internet: www.hockeynl.ca



HNL MAJOR MIDGET HOCKEY LEAGUE *LETTER OF CONSENT*





HNL MAJOR MIDGET HOCKEY LEAGUE MAJOR MIDGET REGISTRATION FORM



TEAM NAME

ADDRESS

SEASON

SURNAME	FIRST NAME	BIRTH DATE y/m/d	PHONE #	STREET ADDRESS	TOWN	POSTAL CODE	MCP #
Goalie.							
Goalie							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							
13.							
14.							
15.							
16.							
17.							
18.							
19.							
20.							
							Certification
Coach							
Asst. Coach							
Asst. Coach							
Trainer							
Manager							

Team Rep.

Mailing Address

This space for HNL Office only

HNL Registrar Approval

Date Received: _____

Payments _____

Received: _____

Receipt No.: _____

Signature _____



HNL MAJOR MIDGET HOCKEY LEAGUE



TEAM NAME _____

Special Affiliation List

SURNAME	FIRST NAME	BIRTH DATE y/m/d	PLAYER'S SIGNATURE	REGISTERED TEAM OR MINOR ASSOCIATION	BRANCH APPROVAL HNL Office Use (for Only)	DATE APPROVED
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						
17.						

Deadline for Branch office to endorse specially affiliated players is January 15th. Players are not eligible to be called up until their name is endorsed by the Branch office as a specially affiliated player. Players are not eligible for affiliation if they or their registered team are a part of another affiliation. Players may not be dropped from an affiliation list unless they are released from their registered team by January 10th. **It is mandatory that a Minor Hockey Association Consent Form is attached for each play.**



HNL MAJOR MIDGET HOCKEY LEAGUE



AUTOMATIC MINIMUM SUSPENSIONS

FOR INFRACTIONS WHICH OCCUR IN MINOR & FEMALE HOCKEY

#1. MATCH PENALTIES

Molesting Officials Indefinite Suspension
Deliberate Injury Indefinite Suspension
Deliberate Attempt to Injure 4 games
Hair Pulling (when match penalty is assessed) 5 games
Grabbing the Facemask (when Match penalty is assessed) 5 games
Spitting at an Opponent, team official or game official 5 games
Spearing (when Match penalty is assessed) 4 games
Butt Ending (when Match penalty is assessed) 4 games
Head Butting 5 games
Checking From Behind (when Match penalty is assessed) 4 games
Checking to The Head (when a Match penalty is assessed) 4 games
Kicking 5 games

#2. CHECKING FROM BEHIND WHERE A MAJOR PENALTY PLUS GAME MISCONDUCT PENALTY IS ASSESSED 3 games

Note: Any player receiving a 5 minute Major Checking From Behind infraction in the last ten minutes of regular time, or any time in overtime, or at the conclusion of the game and prior to the player entering the dressing room, shall be suspended for 1 game in addition to the guideline listed above.

I.e. A player receives a 5-minute major for checking from behind for the first time in a season with 2:00 minutes remaining in the game shall be suspended for the next 4 regular scheduled games.

#3. CHECKING TO THE HEAD WHERE A MAJOR PENALTY PLUS A GAME MISCONDUCT PENALTY IS ASSESSED 3 games

#4. CHECKING TO THE HEAD WHERE A MATCH PENALTY IS ASSESSED 5 games

#5. GROSS MISCONDUCT 3 games



HNL MAJOR MIDGET HOCKEY LEAGUE



#6. GAME MISCONDUCT

Verbal Abuse of Officials (RULE 9.2) 3 games

Game Misconduct in the last ten minutes of regular time, or any time in overtime, or 1 Game at the conclusion of the game

#7. FIGHTING (PLAYING RULE 6.7):

1st Time – 2 Games in Not Less Than 7 Days

2nd Time – 4 Games in Not Less Than 14 Days

3rd Time – Indefinite

Note: Any player receiving a fighting infraction in the last ten minutes of regular time, or any time in overtime, or at the conclusion of the game and prior to the player or team official entering the dressing room, shall be suspended for 1 game in addition to the guideline listed above.

I.e. A player receives their second fighting infraction of the season with 2:00 minutes remaining in the game shall be suspended for the next 5 regular scheduled games in not less than 14 days.

Third Man in a Fight 3 games

Any Player Receiving a Fighting Major Penalty, which is as a Result of a Second or Subsequent Fight During the Same Stoppage of Play 3 games

INSTIGATOR OR AGGRESSOR OF A FIGHT

1st Offence 2 games

2nd Offence 3 games

3rd Offence 5 games

The Coach of the Team Whose Player is Penalized for a Third Offence of Instigator 4 games

Or Aggressor

8 Leaving the Players Bench 9.5

Player Identified as First to Leave the Players' Bench During a Fight or For the

Purpose of Starting a Fight 4 games

Player Identified as First to Leave the Penalty Box During a Fight or For the 4 games

Purpose of Starting a Fight

Coach of a Team Whose Player is Penalized Under the Above Two Points 4 games



HNL MAJOR MIDGET HOCKEY LEAGUE



Coach Whose Player is Not Identified as The First to Leave The Player's or Penalty Bench During an On-Ice Altercation 3 games

9 REMOVING THE HELMET INFRACTIONS

Any player who remove their chinstraps before or during fights 1 game
If a player removes his helmet and releases his chinstrap to fight and the opposing player doesn't, the former gets an additional two minute minor penalty
If the player removes his opponent's helmet or releases the chinstrap before or during a fight

#10. PRE/POST GAME ALTERCATIONS

Any Player Involved Where Majors and Game Misconducts are Assessed 4 games
Coach of a Team Whose Players are so Penalized Indefinite suspension
Any Team Involved in a Pre or Post Game Brawl Indefinite suspension

#11. REFUSING TO START PLAYER

To be referred to the President of Hockey Newfoundland & Labrador for Ruling

NOTE #1: Applicable in League games and tournament games.

NOTE #2: Suspensions for all infractions will begin to be served immediately after the assessment of the penalty in accordance with the suspension guidelines above.

NOTE #3: When the suspension carries a time frame (i.e. 7 days), the player will serve the full 7 days. For example, if an infraction occurs during a game on Saturday, the player cannot return until the following Sunday. In no case can the day on which the infraction occurred be counted as a day of suspension.

NOTE #4: Players who are under suspension can practice only with their League teams.

NOTE #5: In all cases where the infractions result in bodily injury, the suspensions will be of a longer duration.

NOTE #6: Players receiving Gross Misconducts or Match Penalties are not eligible to play until the suspension has been ruled on.

NOTE #7: A high school player who is also a registered minor or junior hockey player, who receives a suspension for a Gross Misconduct or Match Penalty from HNL, must serve his suspension by applying games and/or time allotment in the division of which the infraction occurred, however, the player is suspended from all HNL sanctioned games until the suspension is served.



HNL MAJOR MIDGET HOCKEY LEAGUE



NOTE #8: A high school player who is also a registered minor or junior hockey player, who receives a suspension for all other infractions, must serve his suspension by applying games and/or time allotment in the division of which the infraction occurred however, the player is not suspended from all other HNL sanctioned games.

NOTE #9: Any Coach or Team Official who provides wine, beer or any other alcoholic beverage, or knowingly allows these beverages to be consumed by legally under aged members of their team, while they are responsible for these players shall receive a suspension of not less than two (2) years.

NOTE #10: Team/League/Association Presidents have the authority to give out a more severe suspension. All suspensions must be reported to the Provincial Office by the President.

NOTE #11: The above procedures would also allow for a player to first make an appeal to his/her League and further appeal to the HNL Appeals Committee, if necessary. All appeals to the HNL Appeals Committee must be made by the player in writing within 14 days of the suspension and this appeal must be accompanied with a \$200.00 appeal fee made payable to Hockey Newfoundland and Labrador. \$100.00 will be refundable if you are successful with your appeal.

NOTE #12: Any member of a coaching staff not wearing a CSA certified hockey helmet with chin strap during on ice functions except games will receive a one (1) game suspension.

NOTE #13A: A two minute bench minor penalty will be assessed any player who is playing without a stop patch properly attached to their jersey in the appropriate location. The player will have to leave the ice and will not play until the stop patch is attached.

NOTE #13B: A minor penalty will be issued, without warning, for any player found not to be wearing a mouth guard providing they are unable to provide a letter.



HNL MAJOR MIDGET HOCKEY LEAGUE

TRAVEL PERMIT



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EXHIBITION GAME SANCTION REQUEST