

National Coaching Certification Program

The NCCP is currently undergoing change that will affect all sports in Canada that deliver coach certification programs. Hockey Canada has been working over the past 5 years re-designing the program and the 2004-2005 season will be year one of a two year phase in plan. During year 1 the former Level I program called Coach Level will be replaced by the new Coach Stream. Developmental Stream and High Performance Stream will be fully integrated by the 2005-2006 season.

*Click anywhere on the chart to below to read a description of the old NCCP Program
(this should take them to page 2 of this document)*

Coaching Level	Intermediate Level	Advanced Level	Theory 3	Advanced II Level
Technical 1 Practical 1	Technical 2 Practical 2 Theory 1	Technical 3 Practical 3 Theory 2	Contact your Provincial/ Territorial Coaching Coordinator for course availability	
Delivered by Branch Offices				Delivered by National Office

*Click anywhere on the chart to below to read a description of the new NCCP Program
(this should take them to page 3 of this document)*

Coach Stream		Developmental Stream	High Performance Stream
Core Programming		Core Programming	Core Programming
Coach 1 – COACH ENTRY POINT	Intro Coach Formerly IP COACH ENTRY POINT	Development 1- COACH ENTRY POINT	High Performance 1 – COACH ENTRY POINT
Clinic Pretask		Clinic (16 hours)	Clinic Pretask
Clinic (8 hours)	Clinic (4 Hours)		Clinic 6 Day Practical
Clinic Post-task (Throughout season)		Clinic Post Task (Throughout season)	Clinic Post Task Throughout Season
Supplementary Programming		Development 2	High Performance 2
		Clinic Pretask (Part of Development 1 Post Task)	Clinic Pretask
		Clinic (16 hours)	Clinic 6 Day Practical
		Clinic Post Task (2 hours)	Clinic Post Task Throughout Season
		Supplementary Programming	Supplementary Programming

Coach Level

This level was designed for newcomers to the programs who had little or no coaching experience and were working with athletes primarily in the recreational stream. This level acted as the foundation of coaching for all subsequent levels of the NCCP.

Curriculum included:

- Understanding the Role of the Coach
- How to Communicate Effectively with Players
- Understanding Teaching Techniques
- How to Organize a Practice
- Teaching Rules
- How to Design a Safety Program
- Understanding and Teaching of Skating Skills, Puck Skills and Checking Skills.
- Understanding Instructional Methodology

Intermediate Level

The Intermediate Level was designed for coaches involved with players at a competitive stage. This level guided coaches on matters of team play concepts and individual tactics.

Curriculum included:

- How to Provide Effective Leadership/Communication
- How to Organize and Conduct Player Selection
- How to Build Self-Esteem in Athletes
- How to Organize a Yearly Plan
- How to Care for Injuries and Practice Safety/Risk Management
- Understanding Growth and Development
- Understanding How the Body Works and Physical Training for Hockey
- Analyzing Skill Progression
- Understanding and Instruction of Goaltending, Individual Tactics and Team Tactics

Advanced I Level

The Advanced Level I was specifically designed for coaches who are prepared to take a more structured and disciplined approach to hockey. Coaches entering this level will have several years experience working with athletes in competitive hockey.

Curriculum included:

- Understanding and planning nutrition for athletes
- Managing stress
- Motivation of athletes
- Analyzing skills
- Interpreting statistics
- Designing a yearly training plan
- Understanding and instruction of goaltending (part B), specialty team play and team strategy

Advanced II Level

The Advanced II Level was a component of the Coaching Association of Canada's Level 4 program. This program was designed for and focused on the coaching of high performance athletes competing at national and international levels.

Please note that before coaches may attend this level, completion of Coaching Association of Canada's Theory 3 program (delivered separately from Hockey Canada) and Hockey Canada's Advanced I level must be completed.

The NCCP Advanced II Seminar is organized by Hockey Canada and hosted by a Hockey Canada Member Branch.

[CLICK HERE TO DOWNLOAD THE NEW NCCP INFORMATION](#)

The new NCCP is a streamed program designed to provide coaches with educational and certification opportunities appropriate for the players who they are working with. Coaches will be exposed to an open learning environment where they are encouraged to share with others and build on their own personal and coaching experiences. Coaches are responsible to drive their own learning and growth as a coach based on their personal needs.

Coaches participating in the new program, who are familiar with the current NCCP, will see several key changes to the program.

The first significant change will have coaches attend educational sessions that are targeted at meeting the needs of players they are working with. As a result, not all coaches will begin their program at the same place. Coaches will now have the opportunity to enter into the stream of coaching that is appropriate for the players they coach.

The second significant change is that coaches will receive coaching materials that are practical and easy to implement with the players they work with. The course materials will make the transition from theory-based lecture activities to interactive sessions requiring coaches to work with the tools specific to the level of their players.

The new coach education program is learner-driven. The course leader will facilitate the learning opportunities coaches will engage in. Through a series of specifically designed activities, the coach will become an active learner prior to the seminar, throughout the seminar, and after leaving the seminar.

Participants will be required, through a series of small, practical assignments, to demonstrate their capabilities as coaches. For the entry-level coach these assignments/activities will include developing communication plans with parents, maintaining a coaching log, and implementing effective and efficient practices.

This new approach to coach education will provide the minor hockey association with the knowledge that there will be a greater emphasis on coach development. The long-term reward will be that associations will have the ability to say with more confidence "Our coaches can do..."

One of the most important distinctions for this new education/training model is that it is an athlete-centered approach to training coaches. This means that the coaching needs are defined by the needs of the athletes they are working with.